

18 April 2017

We had a very compact National swim season this year with events occurring quickly one after the other. Now with them all over, and some impressive times and placings achieved, we can look to organising our regional events, first one being the ST Awards on the 7th of May. Please get your RSVP's in so that we know what numbers we are catering for.

I will be sending out more information on our Swim Camps and Winter Championship swim meet over the next few weeks so if you have not heard anything by this time next month make sure you chase it up with your Club Secretary or check the website for more information.

**Lisa Cooper**

### NATIONAL RESULTS

#### NZ Age Group Champs, 21-25 March, Wellington, Top 10 placings

Josh Gilbert 15yrs 1st - 100 Back, 100 Breast, 200 IM. 2nd – 50 Breast, 200 Breast.  
7th – 100 Free

Zac Reid 16-18yrs 1st – 1500 Free. 2nd – 400 Free, 200 Free. 4th – 100 Free

Sasha Reid 15yrs 1st – 400 IM. 3rd – 100 Back. 4th – 200 Back, 200 IM. 6th – 50  
Back

Tori Cox 14yrs 4th – 200 Breast. 10th – 50 Breast

Emma North 12-13yrs 4th – 200 Back. 9th – 400 IM

Claudia Taylor 15yrs 5th – 400 Free. 6th – 100 Free. 7th – 200 Free. 9th – 50 Free

Lucy North 14yrs 5th – 800 Free, 400 IM. 6th – 400 Free. 10th – 200 IM

Chris Johnson 16yrs 6th – 1500 Free.

Zarhn Collins 16-18yrs 7th – 100 Breast. 9th – 200 Breast, 10th – 50 Breast

Lara Ehler 12-13yrs 8th – 400 IM. 10th – 200 IM

Erin Metcalfe 14yrs 8th – 200 Back

Brayden Meuli 13yrs 9th – 200 Fly

Sophia Taylor 14yrs 10th – 400 Free

#### NZ Open Champs, 3-7 April, Auckland. Top 10 placings

Charlotte Webby 1st – 200 Fly, 5th – 1500 Free, 6th – 800 Free, 10th - 400 Free

Zac Reid 2nd – 800 Free, 3rd – 400 Free, 200 Free, 1500 Free TR

Julian Weir 3rd – 50 Free TR , 6th – 100 Free TR , 6th – 200 Free

Eliot London-Moore 5th – 200 Breast, 7th – 100 Breast, 10th – 50 Breast TR

**Best wishes to Sasha Reid who is competing in the Australian Age Group Swimming Champs in Brisbane from 16th–23rd April.**

### Upcoming Events

**10 - 17 April**

Australian Age Group  
Champs, Brisbane

**7 May**

Swimming Taranaki  
Awards Presentation,  
2pm, Stratford

**19 - 21 May**

NZSCAT Coaches  
Conference, Rotorua

**27 May**

Aquabladz Swim Meet

**25 June**

Stratford Swim Meet

**7-12 July**

Open & Youth Swim  
Camp

**12-15 July**

Age Group Swim Camp

**18 July**

Swimming Taranaki AGM

**21-23 July**

Taranaki Winter Champs

**11-13 August**

BOP SC Champs

**19 August**

Hawera SC Level 1 Meet

**1-3 September**

CS SC Champs

[taranakisswimming@gmail.com](mailto:taranakisswimming@gmail.com) 06-7566077

[www.taranaki.swimming.org.nz](http://www.taranaki.swimming.org.nz)

**CONGRATULATIONS to Zac Reid on being awarded the Zonal Emerging Swimmer of the Year Award at the recent SNZ Awards presentation.**

**CONGRATULATIONS to Charlotte Webby on being selected onto the NZ Team to compete in Open Water swimming at the World Champs, Budapest 23-30 July 2017.**



**CONGRATULATIONS to Julian Weir on being selected onto the NZ Team to compete in the 100m Free-style at the World University Games, Taipei, 20-27 August 2017.**

**CONGRATULATIONS to Zarhn Collins on being selected to attend the 2017 Outward Bound Course 18th—20th May in Picton.**

## RECORDERS WORKSHOP

**Sunday May 7th. 9.30am - 12 noon at the Stratford Clubrooms**

Please advise me if you are interested in learning how to become a Recorder at swim meets. This is a vital role which involves entering results into a database. This workshop will train you in how to do this and also upskill our current Recorders. Clubs - please encourage members to come along & let me know who will be attending.

## TECHNICAL CHAT

Have you ever googled “What is the role of a Team Manager at a swim meet?”

This is a very important role and far greater than simply getting swimmers to the Marshall on time. It includes duties before, during, and after the meet. Most importantly it is the liaison between their swimmer, parent, coach and the organisers of the meet. Officials are running the meet and cannot be distracted from their role.

No approach should ever be made to any official poolside other than by the Team Manager, who will go to the Referee(s) of the day. All matters to do with a meet in any way will only be recognised through the appointed Team Manager of a Club.

We will be expecting this protocol to be followed at our Regional and Club swim meets next season.



# **Swimming Taranaki Awards 2016 – 2017**

**Please join us for afternoon tea and to celebrate the achievements of swimmers, coaches, officials and volunteers.**

**Where - Stratford War Memorial Centre  
55 Miranda St, Stratford**

**When - Sunday 7<sup>th</sup> May 2017  
Time - 2.00pm**

**Cost - Free for Competitive Swimmers  
\$ 10 per person \***

\*In appreciation of the importance to Swimming Taranaki of our volunteers, we have made this event free of charge to the officials & volunteers that helped at our Taranaki Championship events this year.

**RSVP & Payment to be received by  
Wednesday 26<sup>th</sup> April 2017 to:**

E-mail Lisa at [taranakiswimming@gmail.com](mailto:taranakiswimming@gmail.com) or phone 06-7566077  
Payment to TSB 15-3950-0374800-00 with ref: 'Your Surname & STA'  
or send a cheque to Swimming Taranaki, 27F Miro Street, Inglewood

Please note that ribbons and trophies won at the Club Relay Champs will be handed out at the ST Awards. Swimmers that competed at any of our regional events this season are free to attend, as are any officials/volunteers that assisted in the running or our Taranaki Winter Champs, Taranaki 12&Under Champs, Central Swimming LC Champs and Club Relay Champs.

We are very aware of the necessity to have volunteers put their hands up and help out, without you we would not be able to run approved swim meets which would mean that your children would not have local opportunities to qualify for National or Regional swim meets. If you have a child that swims competitively then at least one other family member needs to be involved in an official/volunteer capacity.

Swimming is definitely a sport that requires all hands on deck.

Another way that we are trying to say 'Thank You' to our volunteers is that we are setting aside funds to assist technical officials that officiate at National and Inter-Regional swim meets and officiate, so let us know if this is your intention in the future.

# FLANNAGAN CUP 2018

For this event to go ahead next year we will need five new Committee Members. The leaving committee have arranged bookings for next year's Flannagan Cup, so we just need some keen people to take on the task of running the event.

Would you be disappointed if the event were not able to go ahead in 2018? If so, then put your hand up to join the committee and make sure that it does happen!

Please express your interest to Lisa at  
[taranakiswimming@gmail.com](mailto:taranakiswimming@gmail.com)



**Flannagan Cup**  
*Open Water Swim*



## SWIMMING TARANAKI OFFICE CLOSED

**17th - 23rd May 2017**

I will be on holiday and not able to check any e-mails during this time. If you require urgent attention that can not wait until my return from leave, you may e-mail Maree Collins at [mareecollins1@gmail.com](mailto:mareecollins1@gmail.com) or phone 027-6645140

Please keep in mind that Maree works full-time, she will reply as soon as she is able. If it is a technical query your Club Recorder or Keegan McCauley from SNZ may be able to assist.

## WELLNESS WORKSHOPS

**\* Meditation \* Yoga**  
**\* Guest Speakers**

*Sunday 30th April - Speaker on Nutrition*

*Sunday 28th May - Speaker on Massage*

*9.00am - 12.00 noon. \$30*

*Yoga poses are at a beginner level using a range of styles.  
Held at the Inglewood Town Hall, Cutfield Street.*

### FITNESS CLASSES - Inglewood

**CARDIO TONE - Mondays & Thursdays @ 9am**

**STRENGTH & TONE - Tuesdays & Fridays @ 9am**

Classes incorporate various types of fitness including cardio, strength & tone exercises and yoga poses. For all fitness levels. \$10 per class



For more information visit [www.energyfitness.co.nz](http://www.energyfitness.co.nz)

E-mail Lisa at [energyfitness@extra.co.nz](mailto:energyfitness@extra.co.nz)

& Like 'Energy Fitness Inglewood' on Facebook

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FOR JUST \$40**



**PROCEEDS WILL GO TOWARDS  
APPRECIATING OUR VOLUNTEERS &  
OFFICIALS WHO ARE VITAL TO THE  
RUNNING OF OUR SWIM MEETS.**

## Are you interested in advertising in our Swimming Taranaki Newsletter?

This publication is sent out to all the Secretary's of our affiliated clubs - Aquabladz NP, Stratford, Hawera, Opunake, Inglewood, Highlands, Opunake and Okato. It is then sent out to the club's membership.

We currently have a membership of 676 and that is only those that are registered on the SNZ Database, and not including their family members, so it should reach around double that number. The Newsletter has loads of potential to market your business or event, and at such a low cost for which the money will go towards assisting with the expenses of our officials that travel out of the region to officiate and also providing spot prizes and

Thank You gifts to our volunteers at swim meets.

Just send me a copy of your Ad, there are other size options, please contact me to discuss if you want to place a larger advert, or a regular spot on the newsletter.